Learning Activity 2* Time (minutes)

Hungry, Hungry Caterpillars (The teacher can select an activity of their choice or use the activity provided.)

Organization

Students in groups of five or six. Each group should have a hoop for every person. Different objects spread throughout the instructional area.

Activity Progression:

Organize students into groups of five or six. Set up the hula-hoops in a line with their edges touching and have each student stand inside their own hoop facing forward. Each group will be a caterpillar.

The goal is for caterpillars to collect as much food (objects on the ground) as possible by having the caterpillar move forward.

To move forward, the last student in line steps into the hoop of the teammate in front of them, then picks up their empty hoop and passes it to the front.

The front student then places the hoop on the ground and steps into it. Every student then steps forward, making the "caterpillar" move.

Only the front student may pick up food, but it is the team's job to carry collected objects throughout the game.

The activity ends when there is no more food on the ground.

Remind students to be respectful of their teammates.

Example script:

"That was a great teamwork activity. Was it hard? What made it hard or easy? How did you work together with your team? [Allow for student responses between each question.] Did anyone get frustrated? Remember it's okay to get frustrated or even to disagree with your teammates as long as we are respectful with one another. What does respect mean? [Allow for responses] That's right we consider each other's feelings before we act even if we disagree or think differently."

Have a student with five (or less) letters in their name in each group return equipment.

Modifications/Differentiation:

- Have students try to move their caterpillar first without trying to collect any food.
- Allow students to be peer helpers and share hula-hoops with other students in need.
- If hula-hoops are distracting, allow students to use a poly spot or a lined circle on the floor.
- If there is a student using a wheelchair or walker, you can choose to use poly spots instead of hula-hoops.
- If you have students using a walker, attach a plastic bag to the front to help carry the collected food.
- Students with a visual impairment can receive a lot of verbal direction and another peer can be a sighted guide.
- Students with low attention spans can step in and out of each hula hoop, following the back hula-hoop to the front for each turn.
- Have students try to beat their time.
- Allow students to come up with different ways to increase the challenge.

Checks for Understanding:

- Walk around to different groups and help quide students through problem-solving and teamwork
- Listen to see if students are talking respectfully to one another

Lesson Name: We Are a Team Unit Name & Lesson #: Being Mindful, Being Kind: Lesson 3 Grade Level: K-2

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